

Havant and East Hampshire Mind Leigh Park Community Centre Dunsbury Way Havant P09 5BG

> 02392498916 www.easthantsmind.org

Reference: Wellbeing Practitioners for Children and Young Peoples' Safe Haven

Dear Applicant,

Thank you for your enquiry about the above posts.

This pack contains the Job Advertisement, details of each post can be found on the vacancies page of the website, https://www.easthantsmind.org/working-with-us/vacancies/

To discuss the role contact Annie Knight, anniek@easthantsmind.org

To apply, please submit your application which should outline why you are suitable for the role. Clearly state your address, e-mail address, telephone number and whether you have a driving license and access to a vehicle.

Please return applications to the HR lead at <a href="https://example.com/HR@easthantsmind.org">HR@easthantsmind.org</a>

- We aim to hold face to face interviews Monday 2nd December, Wednesday 4th December and Wednesday 11th December in Leigh Park, Havant.
- This advert has no closing date; however, we reserve the right to close the job application at any time upon successful selection of candidates for the posts required.

Yours sincerely

Annie Knight CYP Contracts Lead



# The benefits of working with HEH Mind

### Make a real difference to local people

We're a local Hampshire charity and we're here to make a positive difference to lives and communities. You'll work with a passionate, knowledgeable and dedicated team with a big heart.

#### **Holidays**

• It's important to take time off. We give you 25 days a year, increasing by one day per year of service up to 30 days, plus an additional winter leave day in late December and bank holidays (all calculated pro-rata for part-timers).

### Learning, growth and development

- We're committed to supporting our staff with learning and professional development, so we offer opportunities for coaching, training and mentoring.
- Everyone, regardless of role, is offered free Connect 5 Mental health and Wellbeing Training.
- As a rapidly growing organisation there are regular opportunities to grow and develop within roles and through internal promotions.
- Joining HEH Mind makes you part of the Mind Federation, which includes 110 local Minds across England and Wales and access to the Open hub platform and learning, development and good practice sharing opportunities.

#### Workplace wellbeing

- As workplace wellbeing experts you will be joining a workplace with a strong employee
  wellbeing focus. Which includes engagement opportunities such as our monthly digital
  'Break Room' to meet staff from across the charity.
- Remote and homeworking flexibility (dependent on role requirements).
- We are a Mindful employer + accredited. All staff have access to our confidential 24/7 employee assistance programme.
- If you use a PC within your role, we will provide free eye tests, if necessary.



## Job Advertisement

Passionate about young peoples' mental health and wellbeing, excellent communication skills, resilient and creative, Is this you?

Havant and East Hants Mind Children and Young Peoples Services support children and young people to build resilience and to achieve and maintain positive mental health and wellbeing. This ranges from one-to-one support and group work, to outreach into the community and community engagement to provide a range of groups and activities to support children and young people to manage their own mental health needs.

We have 2 exciting opportunities for highly motivated wellbeing practitioners with experience of working within mental health to join the team at our Children and Young People's Safe Haven and a second post working across both Safe Haven and The Lighthouse Project.

Safe Haven is an out of hours crisis service for any young person aged 11-17 in Havant, East Hants and Southeast Hants who is experiencing a self-defined mental health crisis. You will be facilitating a range of de-escalation and self-help tools and delivering wellbeing focused activities including mindfulness, art & craft and games. The position is for 12 hours per week, Tuesdays, Wednesdays and Thursdays, 4.30-8.30pm.

The Lighthouse Project is a youth club style drop-in service with a mental health and wellbeing focus, delivered in partnership with Motiv8. It is open to children and young people aged 10-18 years old who live in the Borough of Havant. Sessions include supported activities, games, crafts, wellbeing focused workshops, refreshments, cooking sessions, 1 to 1 and peer support, signposting.

The second role is working at The Lighthouse Tuesdays (4-7pm) and Thursdays (5-8pm) and at CYP Safe Haven on Wednesday (4.30-8.30pm) with a small amount of additional administration time.

## General responsibilities and duties:

Maintain up to date knowledge of legislation, national and local policies in relation to the provision of social care services

All employees have a duty and responsibility for their own health and safety and the health of safety of colleagues, clients and the community

Participate in events, awareness campaigns and other projects which promote the organisation's values

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